Sunday Prayer – Third Week of Lent

Call to Prayer

God, come to my assistance.
Lord, make haste to help me.
Our help is in the name of the Lord
Who made heaven and earth.
Glory be to the Father, and to the Son, and to the Holy Spirit;
As it was in the beginning, is now, and will be forever. Amen.

Father God, Creator of heaven and earth,
God of Abraham, Isaac, and Jacob,
God of Israel,
God and Father of our Lord and Savior Jesus Christ,
True and Living God who is Father, Son, and Holy Spirit,
Have mercy and hear our prayer.

We Remember Our Baptism

+ In baptism, the Father is well pleased with us.
+ In baptism, we are crucified with Christ.
+ In baptism, the Spirit leads us to life and peace.
We are baptized; we are a new creation. Thanks be to God.

Psalm of the Day: Psalm 100

Make a joyful noise to the Lord, all the earth!
Serve the Lord with gladness!
Come into his presence with singing!

Know that the Lord, he is God!
It is he who made us, and we are his;
we are his people, and the sheep of his pasture.

Enter his gates with thanksgiving,
and his courts with praise!
Give thanks to him; bless his name!
For the Lord is good;  
his steadfast love endures forever,  
and his faithfulness to all generations.

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

Canticle: Exodus 15:1-2, 6-11, 17-18

“I will sing to the Lord, for he has triumphed gloriously;  
the horse and his rider he has thrown into the sea.

The Lord is my strength and my song,  
and he has become my salvation;  
this is my God, and I will praise him,  
my father’s God, and I will exalt him.

Your right hand, O Lord, glorious in power,  
your right hand, O Lord, shatters the enemy.  
In the greatness of your majesty you overthrow your adversaries;  
you send out your fury; it consumes them like stubble.

At the blast of your nostrils the waters piled up;  
the floods stood up in a heap;  
the deeps congealed in the heart of the sea.

The enemy said, ‘I will pursue, I will overtake,  
I will divide the spoil, my desire shall have its fill of them.  
I will draw my sword; my hand shall destroy them.’

You blew with your wind; the sea covered them;  
they sank like lead in the mighty waters.  
“Who is like you, O Lord, among the gods?  
Who is like you, majestic in holiness,  
awesome in glorious deeds, doing wonders?

You will bring them in and plant them on your own mountain,  
the place, O Lord, which you have made for your abode,  
the sanctuary, O Lord, which your hands have established.  
The Lord will reign forever and ever.”
Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

**Apostles’ Creed**

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

**Scripture Reading: Mark 8:34-38**

And calling the crowd to him with his disciples, he said to them, “If anyone would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it, but whoever loses his life for my sake and the gospel’s will save it. For what does it profit a man to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of me and of my words in this adulterous and sinful generation, of him will the Son of Man also be ashamed when he comes in the glory of his Father with the holy angels.”

Contemplation
The Beatitudes

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.
“Blessed are those who mourn, for they shall be comforted.
“Blessed are the meek, for they shall inherit the earth.
“Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.
“Blessed are the merciful, for they shall receive mercy.
“Blessed are the pure in heart, for they shall see God.
“Blessed are the peacemakers, for they shall be called sons of God.
“Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.
“Blessed are you when others revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for so they persecuted the prophets who were before you.

Intercessory Prayer

Offer a prayer for yourself, for someone God brings to your mind, a prayer for your Church, your community, and for the world.

Lord’s Prayer

Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

Closing Prayer

Take, Lord, and receive all my liberty, my memory, my understanding, and my entire will, all I have and call my own. You have given all to me. To you, Lord, I return it. Everything is yours; do with it what you will. Give me only your love and your grace. That is enough for me.

May the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.
Monday Prayer – Third Week of Lent

God, come to my assistance.
Lord, make haste to help me.
Our help is in the name of the Lord
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God of Abraham, Isaac, and Jacob,
God of Israel,
God and Father of our Lord and Savior Jesus Christ,
True and Living God who is Father, Son, and Holy Spirit,
Have mercy and hear our prayer.

We Remember Our Baptism

+ In baptism, the Father is well pleased with us.
+ In baptism, we are crucified with Christ.
+ In baptism, the Spirit leads us to life and peace.
We are baptized; we are a new creation. Thanks be to God.

Psalm of the Day: Psalm 95

Oh come, let us sing to the Lord;
let us make a joyfu
l noise to the rock of our salvation!

Let us come into his presence with thanksgiving;
let us make a joyful noise to him with songs of praise!
For the Lord is a great God,
and a great King above all gods.

In his hand are the depths of the earth;
the heights of the mountains are his also.
The sea is his, for he made it, and his hands formed the dry land.

Oh come, let us worship and bow down;
let us kneel before the Lord, our Maker!
For he is our God,  
and we are the people of his pasture,  
and the sheep of his hand.

Today, if you hear his voice,  
do not harden your hearts, as at Meribah,  
as on the day at Massah in the wilderness,  
when your fathers put me to the test  
and put me to the proof, though they had seen my work.  
For forty years I loathed that generation  
and said, “They are a people who go astray in their heart,  
and they have not known my ways.”  
Therefore I swore in my wrath,  
“They shall not enter my rest.”

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

Canticle: Micah 4:1-5

It shall come to pass in the latter days  
that the mountain of the house of the Lord  
shall be established as the highest of the mountains,  
and it shall be lifted up above the hills;  
and peoples shall flow to it,

and many nations shall come, and say:  
“Come, let us go up to the mountain of the Lord,  
to the house of the God of Jacob,  
that he may teach us his ways  
and that we may walk in his paths.”

For out of Zion shall go forth the law,  
and the word of the Lord from Jerusalem.  
He shall judge between many peoples,  
and shall decide disputes for strong nations far away;

and they shall beat their swords into plowshares,  
and their spears into pruning hooks;  
nation shall not lift up sword against nation,
neither shall they learn war anymore;

but they shall sit every man under his vine and under his fig tree,
and no one shall make them afraid,
for the mouth of the Lord of hosts has spoken.

For all the peoples walk
each in the name of its god,
but we will walk in the name of the Lord our God
forever and ever.

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

Apostles’ Creed

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.
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and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Scripture Reading: 1 Corinthians 1:18-31

For the word of the cross is folly to those who are perishing, but to us who are being saved it is the power of God. For it is written,
“I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, it pleased God through the folly of what we preach to save those who believe. For Jews demand signs and Greeks seek wisdom, but we preach Christ crucified, a stumbling block to Jews and folly to Gentiles, but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God. For the foolishness of God is wiser than men, and the weakness of God is stronger than men. For consider your calling, brothers: not many of you were wise according to worldly standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, even things that are not, to bring to nothing things that are, so that no human being might boast in the presence of God. And because of him you are in Christ Jesus, who became to us wisdom from God, righteousness and sanctification and redemption, so that, as it is written, “Let the one who boasts, boast in the Lord.”

Contemplation

**The Beatitudes**

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“Blessed are those who mourn, for they shall be comforted.
“Blessed are the meek, for they shall inherit the earth.
“Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.
“Blessed are the merciful, for they shall receive mercy.
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Intercessory Prayer

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Closing Prayer

Take, Lord, and receive all my liberty, my memory, my understanding, and my entire will, all I have and call my own. You have given all to me. To you, Lord, I return it. Everything is yours; do with it what you will. Give me only your love and your grace. That is enough for me.

May the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.

Tuesday Prayer – Third Week of Lent

God, come to my assistance.
Lord, make haste to help me.
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True and Living God who is Father, Son, and Holy Spirit,
Have mercy and hear our prayer.
We Remember Our Baptism

+ In baptism, the Father is well pleased with us.
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We are baptized; we are a new creation. Thanks be to God.

Psalm of the Day: Psalm 8

O Lord, our Lord,
how majestic is your name in all the earth!
You have set your glory above the heavens.

Out of the mouth of babies and infants,
you have established strength because of your foes,
to still the enemy and the avenger.

When I look at your heavens, the work of your fingers,
the moon and the stars, which you have set in place,
what is man that you are mindful of him,
and the son of man that you care for him?

Yet you have made him a little lower than the heavenly beings
and crowned him with glory and honor.
You have given him dominion over the works of your hands;

you have put all things under his feet,
all sheep and oxen,
and also the beasts of the field,
the birds of the heavens, and the fish of the sea,
whatever passes along the paths of the seas.

O Lord, our Lord,
how majestic is your name in all the earth!

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in
the beginning, is now, and will be forever. Amen.

Canticle: Daniel 3:57-87

Bless the Lord, all you works of the Lord;
sing praise to him and highly exalt him forever.

Bless the Lord, you heavens;
Bless the Lord, you angels of the Lord;
Bless the Lord, all you waters above the heavens;
Bless the Lord, all you powers of the Lord;
Bless the Lord, sun and moon;
Bless the Lord, stars of heaven;
sing praise to him and highly exalt him forever.

Bless the Lord, all rain and dew;
Bless the Lord, all you winds;
Bless the Lord, fire and heat;
Bless the Lord, winter cold and summer heat;
Bless the Lord, dews and falling snow;
Bless the Lord, ice and cold;
sing praise to him and highly exalt him forever.

Bless the Lord, frosts and snows;
Bless the Lord, nights and days;
Bless the Lord, light and darkness;
Bless the Lord, lightning and clouds;
sing praise to him and highly exalt him forever.

Let the earth bless the Lord;
Bless the Lord, mountains and hills;
Bless the Lord, all that grows in the ground;
Bless the Lord, you springs;
Bless the Lord, seas and rivers;
sing praise to him and highly exalt him forever.

Bless the Lord, you whales and all that swim in the waters;
Bless the Lord, all birds of the air;
Bless the Lord, all wild animals and cattle;
sing praise to him and highly exalt him forever.

Bless the Lord, all people on earth;
Bless the Lord, O Israel;
Bless the Lord, you priests of the Lord;
Bless the Lord, you servants of the Lord;
Bless the Lord, spirits and souls of the righteous;  
Bless the Lord, you who are holy and humble in heart;  
sing praise to him and highly exalt him forever.

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

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I believe in God, the Father almighty,  
creator of heaven and earth.

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I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

**Scripture Reading: Romans 5:12-21**

Therefore, just as sin came into the world through one man, and death through sin, and so death spread to all men because all sinned— for sin indeed was in the world before the law was given, but sin is not counted where there is no law. Yet death reigned from Adam to Moses, even over those whose sinning was not like the transgression of Adam, who was a type of the one who was to come. But the free gift is not like the trespass. For if many died through one man’s trespass, much more have the grace of God and the free gift by the grace of that one man Jesus Christ abounded for many. And the free gift is not like the result of that one man's sin. For the judgment following one trespass brought
condemnation, but the free gift following many trespasses brought justification. For if, because of one man’s trespass, death reigned through that one man, much more will those who receive the abundance of grace and the free gift of righteousness reign in life through the one man Jesus Christ. Therefore, as one trespass led to condemnation for all men, so one act of righteousness leads to justification and life for all men. For as by the one man's disobedience the many were made sinners, so by the one man’s obedience the many will be made righteous. Now the law came in to increase the trespass, but where sin increased, grace abounded all the more, so that, as sin reigned in death, grace also might reign through righteousness leading to eternal life through Jesus Christ our Lord.

Contemplation

The Beatitudes

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.
“Blessed are those who mourn, for they shall be comforted.
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temptation, but deliver us from evil. For the kingdom, the power, and the
glory are yours, now and forever. Amen.

Closing Prayer

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my entire will, all I have and call my own. You have given all to me. To you,
Lord, I return it. Everything is yours; do with it what you will. Give me only
your love and your grace. That is enough for me.

May the Lord bless us, protect us from all evil, and bring us to everlasting
life. Amen.

Wednesday Prayer – Third Week of Lent

God, come to my assistance.
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+ In baptism, the Father is well pleased with us.
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Psalm of the Day: Psalm 29

Ascribe to the Lord, O heavenly beings,
ascribe to the Lord glory and strength.  
Ascribe to the Lord the glory of his name;  
worship the Lord in holy splendor.  

The voice of the Lord is over the waters;  
the God of glory thunders,  
the Lord, over mighty waters.  

The voice of the Lord is powerful;  
the voice of the Lord is full of majesty.  
The voice of the Lord breaks the cedars;  
the Lord breaks the cedars of Lebanon.  

He makes Lebanon skip like a calf,  
and Sirion like a young wild ox.  
The voice of the Lord flashes forth flames of fire.  

The voice of the Lord shakes the wilderness;  
the Lord shakes the wilderness of Kadesh.  
The voice of the Lord causes the oaks to whirl,  
and strips the forest bare;  
and in his temple all say, “Glory!”  

The Lord sits enthroned over the flood;  
the Lord sits enthroned as king forever.  

May the Lord give strength to his people!  
May the Lord bless his people with peace!  

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.  

Canticle: from Job 39  

“Do you know when the mountain goats give birth?  
Do you observe the calving of the does?  
Can you number the months that they fulfill,  
and do you know the time when they give birth,  
when they crouch to give birth to their offspring,  
and are delivered of their young?
Their young ones become strong, they grow up in the open; they go out and do not return to them.

"Is the wild ox willing to serve you? Will it spend the night at your manger? Can you bind it in the furrow with ropes, or will it harrow the valleys after you?

Will you depend on it because its strength is great, and will you leave to him your labor? Do you have faith in it that it will return your grain and gather it to your threshing floor?

"Is it by your understanding that the hawk soars, and spreads its wings toward the south? Is it at your command that the eagle mounts up and makes its nest on high?

On the rock it dwells and makes its home in the rocky crag and stronghold. From there it spies out the prey; its eyes behold it from far away. Its young ones suck up blood; and where the slain are, there it is."

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**Apostles’ Creed**

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He will come again to judge the living and the dead.

I believe in the Holy Spirit, 
the holy catholic Church, 
the communion of saints, 
the forgiveness of sins, 
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and the life everlasting. Amen.

**Scripture Reading: from Hebrews 4:14-16**

Since then we have a great high priest who has passed through the heavens, 
Jesus, the Son of God, let us hold fast our confession. For we do not have a high 
priest who is unable to sympathize with our weaknesses, but one who in every 
respect has been tempted as we are, yet without sin. Let us then with 
confidence draw near to the throne of grace, that we may receive mercy and 
find grace to help in time of need.

Contemplation

**The Beatitudes**

“Blessed are the poor in spirit, for theirs is the kingdom of heaven. 
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Psalm of the Day: Psalm 98

Oh sing to the Lord a new song,
for he has done marvelous things!
His right hand and his holy arm
have worked salvation for him.

The Lord has made known his salvation;
he has revealed his righteousness in the sight of the nations.
He has remembered his steadfast love and faithfulness
to the house of Israel.
All the ends of the earth have seen
the salvation of our God.

Make a joyful noise to the Lord, all the earth;
break forth into joyous song and sing praises!
Sing praises to the Lord with the lyre,
with the lyre and the sound of melody!

With trumpets and the sound of the horn
make a joyful noise before the King, the Lord!
Let the sea roar, and all that fills it;
the world and those who dwell in it!

Let the rivers clap their hands;
let the hills sing for joy together
before the Lord, for he comes
to judge the earth.
He will judge the world with righteousness,
and the peoples with equity.

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in
the beginning, is now, and will be forever. Amen.
Canticle: Jeremiah 31:10-14

“Hear the word of the Lord, O nations,
and declare it in the coastlands far away;
say, ‘He who scattered Israel will gather him,
and will keep him as a shepherd keeps his flock.’

For the Lord has ransomed Jacob
and has redeemed him from hands too strong for him.
They shall come and sing aloud on the height of Zion,
and they shall be radiant over the goodness of the Lord,
over the grain, the wine, and the oil,
and over the young of the flock and the herd;
their life shall be like a watered garden,
and they shall languish no more.

Then shall the young women rejoice in the dance,
and the young men and the old shall be merry.
I will turn their mourning into joy;
I will comfort them, and give them gladness for sorrow.

I will feast the soul of the priests with abundance,
and my people shall be satisfied with my goodness,
declares the Lord.”

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On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Scripture Reading: Numbers 21:4-9

From Mount Hor they set out by the way to the Red Sea, to go around the land of Edom. And the people became impatient on the way. And the people spoke against God and against Moses, “Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we loathe this worthless food.” Then the Lord sent fiery serpents among the people, and they bit the people, so that many people of Israel died. And the people came to Moses and said, “We have sinned, for we have spoken against the Lord and against you. Pray to the Lord, that he take away the serpents from us.” So Moses prayed for the people. And the Lord said to Moses, “Make a fiery serpent and set it on a pole, and everyone who is bitten, when he sees it, shall live.” So Moses made a bronze serpent and set it on a pole. And if a serpent bit anyone, he would look at the bronze serpent and live.

Contemplation

The Beatitudes

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.
“Blessed are those who mourn, for they shall be comforted.
“Blessed are the meek, for they shall inherit the earth.
“Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.
“Blessed are the merciful, for they shall receive mercy.
“Blessed are the pure in heart, for they shall see God.
“Blessed are the peacemakers, for they shall be called sons of God.
“Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.
“Blessed are you when others revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for so they persecuted the prophets who were before you.

Intercessory Prayer

Offer a prayer for yourself, for someone God brings to your mind, a prayer for your Church, your community, and for the world.

Lord’s Prayer

Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

Closing Prayer

Take, Lord, and receive all my liberty, my memory, my understanding, and my entire will, all I have and call my own. You have given all to me. To you, Lord, I return it. Everything is yours; do with it what you will. Give me only your love and your grace. That is enough for me.

May the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.

Friday Prayer – Third Week of Lent

God, come to my assistance.
Lord, make haste to help me.
Our help is in the name of the Lord
Who made heaven and earth.
Glory be to the Father, and to the Son, and to the Holy Spirit;
As it was in the beginning, is now, and will be forever. Amen.
Father God, Creator of heaven and earth,  
God of Abraham, Isaac, and Jacob,  
God of Israel,  
God and Father of our Lord and Savior Jesus Christ,  
True and Living God who is Father, Son, and Holy Spirit,  
Have mercy and hear our prayer.

We Remember Our Baptism

+ In baptism, the Father is well pleased with us.  
+ In baptism, we are crucified with Christ.  
+ In baptism, the Spirit leads us to life and peace.  
We are baptized; we are a new creation. Thanks be to God.

Psalm of the Day: Psalm 51

Have mercy on me, O God,  
according to your steadfast love;  
according to your abundant mercy  
blot out my transgressions.

Wash me thoroughly from my iniquity,  
and cleanse me from my sin!  
For I know my transgressions,  
and my sin is ever before me.  
Against you, you only, have I sinned  
and done what is evil in your sight,

so that you may be justified in your words  
and blameless in your judgment.  
Behold, I was brought forth in iniquity,  
and in sin did my mother conceive me.

Behold, you delight in truth in the inward being,  
and you teach me wisdom in the secret heart.  
Purge me with hyssop, and I shall be clean;  
wash me, and I shall be whiter than snow.

Let me hear joy and gladness;  
let the bones that you have broken rejoice.  
Hide your face from my sins,
and blot out all my iniquities.

Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from your presence, and take not your Holy Spirit from me.

Restore to me the joy of your salvation, and uphold me with a willing spirit. Then I will teach transgressors your ways, and sinners will return to you.

Deliver me from bloodguiltiness, O God, O God of my salvation, and my tongue will sing aloud of your righteousness. O Lord, open my lips, and my mouth will declare your praise.

For you will not delight in sacrifice, or I would give it; you will not be pleased with a burnt offering. The sacrifices of God are a broken spirit; a broken and contrite heart, O God, you will not despise.

Do good to Zion in your good pleasure; build up the walls of Jerusalem; then will you delight in right sacrifices, in burnt offerings and whole burnt offerings; then bulls will be offered on your altar.

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

Canticle: from Jeremiah 17

Thus says the Lord: “Cursed is the man who trusts in man and makes flesh his strength, whose heart turns away from the Lord.

He is like a shrub in the desert, and shall not see any good come.
He shall dwell in the parched places of the wilderness, in an uninhabited salt land.

Blessed is the man who trusts in the Lord, whose trust is the Lord. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit.”

The heart is deceitful above all things, and desperately sick; who can understand it?

“I the Lord search the heart and test the mind, to give every man according to his ways, according to the fruit of his deeds.”

Heal me, O Lord, and I shall be healed; save me, and I shall be saved, for you are my praise.

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

**Apostles’ Creed**

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again.
He ascended into heaven, 
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

**Scripture Reading: Galatians 2:17-21**

But if, in our endeavor to be justified in Christ, we too were found to be sinners, is Christ then a servant of sin? Certainly not! For if I rebuild what I tore down, I prove myself to be a transgressor. For through the law I died to the law, so that I might live to God. I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me. I do not nullify the grace of God, for if righteousness were through the law, then Christ died for no purpose.

Contemplation

**The Beatitudes**

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.  
“Blessed are those who mourn, for they shall be comforted.  
“Blessed are the meek, for they shall inherit the earth.  
“Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.  
“Blessed are the merciful, for they shall receive mercy.  
“Blessed are the pure in heart, for they shall see God.  
“Blessed are the peacemakers, for they shall be called sons of God.  
“Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.  
“Blessed are you when others revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for so they persecuted the prophets who were before you.
Intercessory Prayer

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Closing Prayer

Take, Lord, and receive all my liberty, my memory, my understanding, and my entire will, all I have and call my own. You have given all to me. To you, Lord, I return it. Everything is yours; do with it what you will. Give me only your love and your grace. That is enough for me.

May the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.

Saturday Prayer – Third Week of Lent

God, come to my assistance.
Lord, make haste to help me.
Our help is in the name of the Lord
Who made heaven and earth.
Glory be to the Father, and to the Son, and to the Holy Spirit;
As it was in the beginning, is now, and will be forever. Amen.

Father God, Creator of heaven and earth,
God of Abraham, Isaac, and Jacob,
God of Israel,
God and Father of our Lord and Savior Jesus Christ,
True and Living God who is Father, Son, and Holy Spirit,
Have mercy and hear our prayer.
We Remember Our Baptism

+ In baptism, the Father is well pleased with us.
+ In baptism, we are crucified with Christ.
+ In baptism, the Spirit leads us to life and peace.
We are baptized; we are a new creation. Thanks be to God.

Psalm of the Day: Psalm 65

Praise is due to you, O God, in Zion, and to you shall vows be performed.

O you who hear prayer,
to you shall all flesh come.
When iniquities prevail against me,
you atone for our transgressions.

Blessed is the one you choose and bring near,
to dwell in your courts!
We shall be satisfied with the goodness of your house,
the holiness of your temple!

By awesome deeds you answer us with righteousness,
O God of our salvation,
the hope of all the ends of the earth
and of the farthest seas;

the one who by his strength established the mountains,
being girded with might;
who stills the roaring of the seas,
the roaring of their waves,
the tumult of the peoples,

so that those who dwell at the ends of the earth
are in awe at your signs.
You make the going out of the morning and the evening
to shout for joy.

You visit the earth and water it;
you greatly enrich it;
the river of God is full of water;
you provide their grain,
for so you have prepared it.

You water its furrows abundantly,
settling its ridges,
softening it with showers,
and blessing its growth.
You crown the year with your bounty;
your wagon tracks overflow with abundance.
The pastures of the wilderness overflow,
the hills gird themselves with joy,
the meadows clothe themselves with flocks,
the valleys deck themselves with grain,
they shout and sing together for joy.

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

Canticle: Isaiah 65:17-19, 21-25

“For behold, I create new heavens
and a new earth,
and the former things shall not be remembered
or come into mind.

But be glad and rejoice forever
in that which I create;
for behold, I create Jerusalem to be a joy,
and her people to be a gladness.

I will rejoice in Jerusalem
and be glad in my people;
no more shall be heard in it the sound of weeping
and the cry of distress.

They shall build houses and inhabit them;
they shall plant vineyards and eat their fruit. They shall not build and another inhabit;
they shall not plant and another eat;  
for like the days of a tree shall the days of my people be,  
and my chosen shall long enjoy the work of their hands.

They shall not labor in vain  
or bear children for calamity,  
for they shall be the offspring of the blessed of the Lord,  
and their descendants with them.

Before they call I will answer;  
while they are yet speaking I will hear.  
The wolf and the lamb shall graze together;  
the lion shall eat straw like the ox,  
and dust shall be the serpent's food.

They shall not hurt or destroy  
in all my holy mountain,”  
says the Lord.

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

**Apostles’ Creed**

I believe in God, the Father almighty,  
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He was conceived by the power of the Holy Spirit  
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I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,
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the resurrection of the body,  
and the life everlasting. Amen.

Scripture Reading: Romans 8:18-30

Therefore remember that at one time you Gentiles in the flesh, called “the uncircumcision” by what is called the circumcision, which is made in the flesh by hands—remember that you were at that time separated from Christ, alienated from the commonwealth of Israel and strangers to the covenants of promise, having no hope and without God in the world. But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he himself is our peace, who has made us both one and has broken down in his flesh the dividing wall of hostility by abolishing the law of commandments expressed in ordinances, that he might create in himself one new man in place of the two, so making peace, and might reconcile us both to God in one body through the cross, thereby killing the hostility. And he came and preached peace to you who were far off and peace to those who were near. For through him we both have access in one Spirit to the Father. So then you are no longer strangers and aliens, but you are fellow citizens with the saints and members of the household of God, built on the foundation of the apostles and prophets, Christ Jesus himself being the cornerstone, in whom the whole structure, being joined together, grows into a holy temple in the Lord. In him you also are being built together into a dwelling place for God by the Spirit.

Contemplation

The Beatitudes

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