Sunday Prayer – Fifth Week of Lent

Call to Prayer

God, come to my assistance.
Lord, make haste to help me.
Our help is in the name of the Lord
Who made heaven and earth.
Glory be to the Father, and to the Son, and to the Holy Spirit;
As it was in the beginning, is now, and will be forever. Amen.

Father God, Creator of heaven and earth,
God of Abraham, Isaac, and Jacob,
God of Israel,
God and Father of our Lord and Savior Jesus Christ,
True and Living God who is Father, Son, and Holy Spirit,
Have mercy and hear our prayer.

We Remember Our Baptism

+ In baptism, the Father is well pleased with us.
+ In baptism, we are crucified with Christ.
+ In baptism, the Spirit leads us to life and peace.
We are baptized; we are a new creation. Thanks be to God.

Psalm of the Day: Psalm 100

Make a joyful noise to the Lord, all the earth!
Serve the Lord with gladness!
Come into his presence with singing!

Know that the Lord, he is God!
It is he who made us, and we are his;
we are his people, and the sheep of his pasture.

Enter his gates with thanksgiving,
and his courts with praise!
Give thanks to him; bless his name!
For the Lord is good;
his steadfast love endures forever,
and his faithfulness to all generations.

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

Canticle: Exodus 15:1-2, 6-11, 17-18

“I will sing to the Lord, for he has triumphed glorioulsy;
the horse and his rider he has thrown into the sea.

The Lord is my strength and my song,
and he has become my salvation;
this is my God, and I will praise him,
my father’s God, and I will exalt him.

Your right hand, O Lord, glorious in power,
your right hand, O Lord, shatters the enemy.
In the greatness of your majesty you overthrow your adversaries;
you send out your fury; it consumes them like stubble.

At the blast of your nostrils the waters piled up;
the floods stood up in a heap;
the deeps congealed in the heart of the sea.

The enemy said, ‘I will pursue, I will overtake,
I will divide the spoil, my desire shall have its fill of them.
I will draw my sword; my hand shall destroy them.’

You blew with your wind; the sea covered them;
they sank like lead in the mighty waters.
“Who is like you, O Lord, among the gods?
Who is like you, majestic in holiness,
awesome in glorious deeds, doing wonders?

You will bring them in and plant them on your own mountain,
the place, O Lord, which you have made for your abode,
the sanctuary, O Lord, which your hands have established.
The Lord will reign forever and ever.”
Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

Apostles’ Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Scripture Reading: Mark 10:32-34

And they were on the road, going up to Jerusalem, and Jesus was walking ahead of them. And they were amazed, and those who followed were afraid. And taking the twelve again, he began to tell them what was to happen to him, saying, “See, we are going up to Jerusalem, and the Son of Man will be delivered over to the chief priests and the scribes, and they will condemn him to death and deliver him over to the Gentiles. And they will mock him and spit on him, and flog him and kill him. And after three days he will rise.”

Contemplation

The Beatitudes

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.”
“Blessed are those who mourn, for they shall be comforted.
“Blessed are the meek, for they shall inherit the earth.
“Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.
“Blessed are the merciful, for they shall receive mercy.
“Blessed are the pure in heart, for they shall see God.
“Blessed are the peacemakers, for they shall be called sons of God.
“Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.
“Blessed are you when others revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for so they persecuted the prophets who were before you.

Intercessory Prayer

Offer a prayer for yourself, for someone God brings to your mind, a prayer for your Church, your community, and for the world.

Lord’s Prayer

Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

Closing Prayer

Take, Lord, and receive all my liberty, my memory, my understanding, and my entire will, all I have and call my own. You have given all to me. To you, Lord, I return it. Everything is yours; do with it what you will. Give me only your love and your grace. That is enough for me.

May the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.
Monday Prayer – Fifth Week of Lent

God, come to my assistance.
Lord, make haste to help me.
Our help is in the name of the Lord
Who made heaven and earth.
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God of Abraham, Isaac, and Jacob,
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God and Father of our Lord and Savior Jesus Christ,
True and Living God who is Father, Son, and Holy Spirit,
Have mercy and hear our prayer.

We Remember Our Baptism

+ In baptism, the Father is well pleased with us.
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We are baptized; we are a new creation.  Thanks be to God.

Psalm of the Day:  Psalm 95

Oh come, let us sing to the Lord;
let us make a joyful noise to the rock of our salvation!

Let us come into his presence with thanksgiving;
let us make a joyful noise to him with songs of praise!
For the Lord is a great God,
and a great King above all gods.

In his hand are the depths of the earth;
the heights of the mountains are his also.
The sea is his, for he made it, and his hands formed the dry land.

Oh come, let us worship and bow down;
let us kneel before the Lord, our Maker!
For he is our God,
and we are the people of his pasture,
and the sheep of his hand.

Today, if you hear his voice,
do not harden your hearts, as at Meribah,
as on the day at Massah in the wilderness,
when your fathers put me to the test
and put me to the proof, though they had seen my work.
For forty years I loathed that generation
and said, “They are a people who go astray in their heart,
and they have not known my ways.”
Therefore I swore in my wrath,
“They shall not enter my rest.”

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

Canticle: Micah 4:1-5

It shall come to pass in the latter days
that the mountain of the house of the Lord
shall be established as the highest of the mountains,
and it shall be lifted up above the hills;
and peoples shall flow to it,

and many nations shall come, and say:
“Come, let us go up to the mountain of the Lord,
to the house of the God of Jacob,
that he may teach us his ways
and that we may walk in his paths.”

For out of Zion shall go forth the law,
and the word of the Lord from Jerusalem.
He shall judge between many peoples,
and shall decide disputes for strong nations far away;

and they shall beat their swords into plowshares,
and their spears into pruning hooks;
nation shall not lift up sword against nation,
neither shall they learn war anymore;
but they shall sit every man under his vine and under his fig tree, and no one shall make them afraid, for the mouth of the Lord of hosts has spoken.

For all the peoples walk each in the name of its god, but we will walk in the name of the Lord our God forever and ever.

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

Apostles’ Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Scripture Reading: Romans 8:6-11

For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For the mind that is set on the flesh is hostile to God, for it does not submit to God’s law; indeed, it cannot. Those who are in the flesh cannot please
God. You, however, are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, although the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you.

Contemplation

**The Beatitudes**

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.
“Blessed are those who mourn, for they shall be comforted.
“Blessed are the meek, for they shall inherit the earth.
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Intercessory Prayer

*Offer a prayer for yourself, for someone God brings to your mind, a prayer for your Church, your community, and for the world.*

**Lord’s Prayer**

Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.
Closing Prayer

Take, Lord, and receive all my liberty, my memory, my understanding, and my entire will, all I have and call my own. You have given all to me. To you, Lord, I return it. Everything is yours; do with it what you will. Give me only your love and your grace. That is enough for me.

May the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.

Tuesday Prayer – Fifth Week of Lent

God, come to my assistance.
Lord, make haste to help me.
Our help is in the name of the Lord
Who made heaven and earth.
Glory be to the Father, and to the Son, and to the Holy Spirit;
As it was in the beginning, is now, and will be forever. Amen.

Father God, Creator of heaven and earth,
God of Abraham, Isaac, and Jacob,
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God and Father of our Lord and Savior Jesus Christ,
True and Living God who is Father, Son, and Holy Spirit,
Have mercy and hear our prayer.

We Remember Our Baptism

+ In baptism, the Father is well pleased with us.
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+ In baptism, the Spirit leads us to life and peace.
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Psalm of the Day: Psalm 8

O Lord, our Lord,
how majestic is your name in all the earth!
You have set your glory above the heavens.
Out of the mouth of babies and infants,
you have established strength because of your foes,
to still the enemy and the avenger.

When I look at your heavens, the work of your fingers,
the moon and the stars, which you have set in place,
what is man that you are mindful of him,
and the son of man that you care for him?

Yet you have made him a little lower than the heavenly beings
and crowned him with glory and honor.
You have given him dominion over the works of your hands;
you have put all things under his feet,
all sheep and oxen,
and also the beasts of the field,
the birds of the heavens, and the fish of the sea,
whatever passes along the paths of the seas.

O Lord, our Lord,
how majestic is your name in all the earth!

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in
the beginning, is now, and will be forever. Amen.

Canticle: Daniel 3:57-87

Bless the Lord, all you works of the Lord;
sing praise to him and highly exalt him forever.

Bless the Lord, you heavens;
Bless the Lord, you angels of the Lord;
Bless the Lord, all you waters above the heavens;
Bless the Lord, all you powers of the Lord;
Bless the Lord, sun and moon;
Bless the Lord, stars of heaven;
sing praise to him and highly exalt him forever.

Bless the Lord, all rain and dew;
Bless the Lord, all you winds;
Bless the Lord, fire and heat;
Bless the Lord, winter cold and summer heat;
Bless the Lord, dews and falling snow;
Bless the Lord, ice and cold;
sing praise to him and highly exalt him forever.

Bless the Lord, frosts and snows;
Bless the Lord, nights and days;
Bless the Lord, light and darkness;
Bless the Lord, lightning and clouds;
sing praise to him and highly exalt him forever.

Let the earth bless the Lord;
Bless the Lord, mountains and hills;
Bless the Lord, all that grows in the ground;
Bless the Lord, you springs;
Bless the Lord, seas and rivers;
sing praise to him and highly exalt him forever.

Bless the Lord, you whales and all that swim in the waters;
Bless the Lord, all birds of the air;
Bless the Lord, all wild animals and cattle;
sing praise to him and highly exalt him forever.

Bless the Lord, all people on earth;
Bless the Lord, O Israel;
Bless the Lord, you priests of the Lord;
Bless the Lord, you servants of the Lord;

Bless the Lord, spirits and souls of the righteous;
Bless the Lord, you who are holy and humble in heart;
sing praise to him and highly exalt him forever.

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

Apostles’ Creed

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit and born of the Virgin Mary.
He suffered under Pontius Pilate, was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven, and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Scripture Reading: Ezekiel 37:1-14

The hand of the Lord was upon me, and he brought me out in the Spirit of the Lord and set me down in the middle of the valley; it was full of bones. And he led me around among them, and behold, there were very many on the surface of the valley, and behold, they were very dry. And he said to me, “Son of man, can these bones live?” And I answered, “O Lord God, you know.” Then he said to me, “Prophesy over these bones, and say to them, O dry bones, hear the word of the Lord. Thus says the Lord God to these bones: Behold, I will cause breath to enter you, and you shall live. And I will lay sinews upon you, and will cause flesh to come upon you, and cover you with skin, and put breath in you, and you shall live, and you shall know that I am the Lord.” So I prophesied as I was commanded. And as I prophesied, there was a sound, and behold, a rattling, and the bones came together, bone to its bone. And I looked, and behold, there were sinews on them, and flesh had come upon them, and skin had covered them. But there was no breath in them. Then he said to me, “Prophesy to the breath; prophesy, son of man, and say to the breath, Thus says the Lord God: Come from the four winds, O breath, and breathe on these slain, that they may live.” So I prophesied as he commanded me, and the breath came into them, and they lived and stood on their feet, an exceedingly great army. Then he said to me, “Son of man, these bones are the whole house of Israel. Behold, they say, ‘Our bones are dried up, and our hope is lost; we are indeed cut off.’ Therefore prophesy, and say to them, Thus says the Lord God: Behold, I will open your graves and raise you from your graves, O my people. And I will bring
you into the land of Israel. And you shall know that I am the Lord, when I open your graves, and raise you from your graves, O my people. And I will put my Spirit within you, and you shall live, and I will place you in your own land. Then you shall know that I am the Lord; I have spoken, and I will do it, declares the Lord.”

Contemplation

The Beatitudes

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.
“Blessed are those who mourn, for they shall be comforted.
“Blessed are the meek, for they shall inherit the earth.
“Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.
“Blessed are the merciful, for they shall receive mercy.
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May the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.

Wednesday Prayer – Fifth Week of Lent

God, come to my assistance.  
Lord, make haste to help me.  
Our help is in the name of the Lord  
Who made heaven and earth.  
Glory be to the Father, and to the Son, and to the Holy Spirit;  
As it was in the beginning, is now, and will be forever. Amen.

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God of Abraham, Isaac, and Jacob,  
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God and Father of our Lord and Savior Jesus Christ,  
True and Living God who is Father, Son, and Holy Spirit,  
Have mercy and hear our prayer.

We Remember Our Baptism

+ In baptism, the Father is well pleased with us.  
+ In baptism, we are crucified with Christ.  
+ In baptism, the Spirit leads us to life and peace.  
We are baptized; we are a new creation. Thanks be to God.

Psalm of the Day: Psalm 29

Ascribe to the Lord, O heavenly beings,  
ascribe to the Lord glory and strength.  
Ascribe to the Lord the glory of his name;
worship the Lord in holy splendor.

The voice of the Lord is over the waters;
the God of glory thunders,
the Lord, over mighty waters.

The voice of the Lord is powerful;
the voice of the Lord is full of majesty.
The voice of the Lord breaks the cedars;
the Lord breaks the cedars of Lebanon.

He makes Lebanon skip like a calf,
and Sirion like a young wild ox.
The voice of the Lord flashes forth flames of fire.

The voice of the Lord shakes the wilderness;
the Lord shakes the wilderness of Kadesh.
The voice of the Lord causes the oaks to whirl,
and strips the forest bare;
and in his temple all say, “Glory!”

The Lord sits enthroned over the flood;
the Lord sits enthroned as king forever.

May the Lord give strength to his people!
May the Lord bless his people with peace!

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

Canticle: from Job 39

“Do you know when the mountain goats give birth?
Do you observe the calving of the does?
Can you number the months that they fulfill,
and do you know the time when they give birth,
when they crouch to give birth to their offspring,
and are delivered of their young?
Their young ones become strong, they grow up in the open;
they go out and do not return to them.
“Is the wild ox willing to serve you?
Will it spend the night at your manger?
Can you bind it in the furrow with ropes,
or will it harrow the valleys after you?

Will you depend on it because its strength is great,
and will you leave to him your labor?
Do you have faith in it that it will return your grain
and gather it to your threshing floor?

“Is it by your understanding that the hawk soars,
and spreads its wings toward the south?
Is it at your command that the eagle mounts up
and makes its nest on high?

On the rock it dwells and makes its home
in the rocky crag and stronghold.
From there it spies out the prey;
its eyes behold it from far away.
Its young ones suck up blood;
and where the slain are, there it is.”

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in
the beginning, is now, and will be forever. Amen.

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He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

**Scripture Reading: Hebrews 9:11-15**

But when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation he entered once for all into the holy places, not by means of the blood of goats and calves but by means of his own blood, thus securing an eternal redemption. For if the blood of goats and bulls, and the sprinkling of defiled persons with the ashes of a heifer, sanctify for the purification of the flesh, how much more will the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify our conscience from dead works to serve the living God. Therefore he is the mediator of a new covenant, so that those who are called may receive the promised eternal inheritance, since a death has occurred that redeems them from the transgressions committed under the first covenant.

Contemplation

**The Beatitudes**

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Psalm of the Day: Psalm 98

Oh sing to the Lord a new song,
for he has done marvelous things!
His right hand and his holy arm
have worked salvation for him.

The Lord has made known his salvation;
he has revealed his righteousness in the sight of the nations.
He has remembered his steadfast love and faithfulness
to the house of Israel.
All the ends of the earth have seen
the salvation of our God.

Make a joyful noise to the Lord, all the earth;
break forth into joyous song and sing praises!
Sing praises to the Lord with the lyre,
with the lyre and the sound of melody!

With trumpets and the sound of the horn
make a joyful noise before the King, the Lord!
Let the sea roar, and all that fills it;
the world and those who dwell in it!

Let the rivers clap their hands;
let the hills sing for joy together
before the Lord, for he comes
to judge the earth.
He will judge the world with righteousness,
and the peoples with equity.

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.
Canticle: Jeremiah 31:10-14

“Hear the word of the Lord, O nations, and declare it in the coastlands far away; say, ‘He who scattered Israel will gather him, and will keep him as a shepherd keeps his flock.’

For the Lord has ransomed Jacob and has redeemed him from hands too strong for him. They shall come and sing aloud on the height of Zion, and they shall be radiant over the goodness of the Lord, over the grain, the wine, and the oil, and over the young of the flock and the herd; their life shall be like a watered garden, and they shall languish no more.

Then shall the young women rejoice in the dance, and the young men and the old shall be merry. I will turn their mourning into joy; I will comfort them, and give them gladness for sorrow.

I will feast the soul of the priests with abundance, and my people shall be satisfied with my goodness, declares the Lord.”

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

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the resurrection of the body,
and the life everlasting. Amen.

Scripture Reading: John 11:17-27

Now when Jesus came, he found that Lazarus had already been in the tomb four days. Bethany was near Jerusalem, about two miles off, and many of the Jews had come to Martha and Mary to console them concerning their brother. So when Martha heard that Jesus was coming, she went and met him, but Mary remained seated in the house. Martha said to Jesus, “Lord, if you had been here, my brother would not have died. But even now I know that whatever you ask from God, God will give you.” Jesus said to her, “Your brother will rise again.” Martha said to him, “I know that he will rise again in the resurrection on the last day.” Jesus said to her, “I am the resurrection and the life. Whoever believes in me, though he die, yet shall he live, and everyone who lives and believes in me shall never die. Do you believe this?” She said to him, “Yes, Lord; I believe that you are the Christ, the Son of God, who is coming into the world.”

Contemplation

The Beatitudes

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.
“Blessed are those who mourn, for they shall be comforted.
“Blessed are the meek, for they shall inherit the earth.
“Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.
“Blessed are the merciful, for they shall receive mercy.
“Blessed are the pure in heart, for they shall see God.
“Blessed are the peacemakers, for they shall be called sons of God.
“Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.
“Blessed are you when others revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for so they persecuted the prophets who were before you.

Intercessory Prayer

Offer a prayer for yourself, for someone God brings to your mind, a prayer for your Church, your community, and for the world.

Lord’s Prayer

Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

Closing Prayer

Take, Lord, and receive all my liberty, my memory, my understanding, and my entire will, all I have and call my own. You have given all to me. To you, Lord, I return it. Everything is yours; do with it what you will. Give me only your love and your grace. That is enough for me.

May the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.

Friday Prayer – Fifth Week of Lent

God, come to my assistance.
Lord, make haste to help me.
Our help is in the name of the Lord
Who made heaven and earth.
Glory be to the Father, and to the Son, and to the Holy Spirit;
As it was in the beginning, is now, and will be forever. Amen.
Father God, Creator of heaven and earth,  
God of Abraham, Isaac, and Jacob,  
God of Israel,  
God and Father of our Lord and Savior Jesus Christ,  
True and Living God who is Father, Son, and Holy Spirit,  
Have mercy and hear our prayer.

We Remember Our Baptism

+ In baptism, the Father is well pleased with us.  
+ In baptism, we are crucified with Christ.  
+ In baptism, the Spirit leads us to life and peace.  
We are baptized; we are a new creation. Thanks be to God.

Psalm of the Day: Psalm 51

Have mercy on me, O God,  
according to your steadfast love;  
according to your abundant mercy  
blot out my transgressions.

Wash me thoroughly from my iniquity,  
and cleanse me from my sin!  
For I know my transgressions,  
and my sin is ever before me.  
Against you, you only, have I sinned  
and done what is evil in your sight,  
so that you may be justified in your words  
and blameless in your judgment.  
Behold, I was brought forth in iniquity,  
and in sin did my mother conceive me.

Behold, you delight in truth in the inward being,  
and you teach me wisdom in the secret heart.  
Purge me with hyssop, and I shall be clean;  
wash me, and I shall be whiter than snow.

Let me hear joy and gladness;  
let the bones that you have broken rejoice.  
Hide your face from my sins,
and blot out all my iniquities.

Create in me a clean heart, O God,
and renew a right spirit within me.
Cast me not away from your presence,
and take not your Holy Spirit from me.

Restore to me the joy of your salvation,
and uphold me with a willing spirit.
Then I will teach transgressors your ways,
and sinners will return to you.

Deliver me from bloodguiltiness, O God,
O God of my salvation,
and my tongue will sing aloud of your righteousness.
O Lord, open my lips,
and my mouth will declare your praise.

For you will not delight in sacrifice, or I would give it;
you will not be pleased with a burnt offering.
The sacrifices of God are a broken spirit;
a broken and contrite heart, O God, you will not despise.

Do good to Zion in your good pleasure;
build up the walls of Jerusalem;
then will you delight in right sacrifices,
in burnt offerings and whole burnt offerings;
then bulls will be offered on your altar.

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

Canticle: from Jeremiah 17

Thus says the Lord:
“Cursed is the man who trusts in man
and makes flesh his strength,
whose heart turns away from the Lord.

He is like a shrub in the desert,
and shall not see any good come.
He shall dwell in the parched places of the wilderness, in an uninhabited salt land.

Blessed is the man who trusts in the Lord, whose trust is the Lord. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit.”

The heart is deceitful above all things, and desperately sick; who can understand it?

“I the Lord search the heart and test the mind, to give every man according to his ways, according to the fruit of his deeds.”

Heal me, O Lord, and I shall be healed; save me, and I shall be saved, for you are my praise.

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

Apostles’ Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again.
He ascended into heaven, 
and is seated at the right hand of the Father. 
He will come again to judge the living and the dead.

I believe in the Holy Spirit, 
the holy catholic Church, 
the communion of saints, 
the forgiveness of sins, 
the resurrection of the body, 
and the life everlasting. Amen.

Scripture Reading: John 2:13-22

The Passover of the Jews was at hand, and Jesus went up to Jerusalem. In the temple he found those who were selling oxen and sheep and pigeons, and the money-changers sitting there. And making a whip of cords, he drove them all out of the temple, with the sheep and oxen. And he poured out the coins of the money-changers and overturned their tables. And he told those who sold the pigeons, “Take these things away; do not make my Father’s house a house of trade.” His disciples remembered that it was written, “Zeal for your house will consume me.” So the Jews said to him, “What sign do you show us for doing these things?” Jesus answered them, “Destroy this temple, and in three days I will raise it up.” The Jews then said, “It has taken forty-six years to build this temple, and will you raise it up in three days?” But he was speaking about the temple of his body. When therefore he was raised from the dead, his disciples remembered that he had said this, and they believed the Scripture and the word that Jesus had spoken.

Contemplation

The Beatitudes

“Blessed are the poor in spirit, for theirs is the kingdom of heaven. 
“Blessed are those who mourn, for they shall be comforted. 
“Blessed are the meek, for they shall inherit the earth. 
“Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. 
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“Blessed are you when others revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for so they persecuted the prophets who were before you.

**Intercessory Prayer**

*Offer a prayer for yourself, for someone God brings to your mind, a prayer for your Church, your community, and for the world.*

**Lord’s Prayer**

Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

**Closing Prayer**

Take, Lord, and receive all my liberty, my memory, my understanding, and my entire will, all I have and call my own. You have given all to me. To you, Lord, I return it. Everything is yours; do with it what you will. Give me only your love and your grace. That is enough for me.

May the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.

**Saturday Prayer – Fifth Week of Lent**

God, come to my assistance.
Lord, make haste to help me.
Our help is in the name of the Lord
Who made heaven and earth.
Glory be to the Father, and to the Son, and to the Holy Spirit;
As it was in the beginning, is now, and will be forever. Amen.
Father God, Creator of heaven and earth,  
God of Abraham, Isaac, and Jacob,  
God of Israel,  
God and Father of our Lord and Savior Jesus Christ,  
True and Living God who is Father, Son, and Holy Spirit,  
Have mercy and hear our prayer.

We Remember Our Baptism

+ In baptism, the Father is well pleased with us.  
+ In baptism, we are crucified with Christ.  
+ In baptism, the Spirit leads us to life and peace.  
We are baptized; we are a new creation. Thanks be to God.

Psalm of the Day: Psalm 65

Praise is due to you, O God, in Zion,  
and to you shall vows be performed.

O you who hear prayer,  
to you shall all flesh come.  
When iniquities prevail against me,  
you atone for our transgressions.

Blessed is the one you choose and bring near,  
to dwell in your courts!  
We shall be satisfied with the goodness of your house,  
the holiness of your temple!

By awesome deeds you answer us with righteousness,  
O God of our salvation,  
the hope of all the ends of the earth  
and of the farthest seas;

the one who by his strength established the mountains,  
being girded with might;  
who stills the roaring of the seas,  
the roaring of their waves,  
the tumult of the peoples,

so that those who dwell at the ends of the earth
are in awe at your signs.
You make the going out of the morning and the evening
to shout for joy.

You visit the earth and water it;
you greatly enrich it;
the river of God is full of water;
you provide their grain,
for so you have prepared it.

You water its furrows abundantly,
settling its ridges,
softening it with showers,
and blessing its growth.
You crown the year with your bounty;
your wagon tracks overflow with abundance.
The pastures of the wilderness overflow,
the hills gird themselves with joy,
the meadows clothe themselves with flocks,
the valleys deck themselves with grain,
they shout and sing together for joy.

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in
the beginning, is now, and will be forever. Amen.

Canticle: Isaiah 65:17-19, 21-25

“For behold, I create new heavens
and a new earth,
and the former things shall not be remembered
or come into mind.

But be glad and rejoice forever
in that which I create;
for behold, I create Jerusalem to be a joy,
and her people to be a gladness.

I will rejoice in Jerusalem
and be glad in my people;
no more shall be heard in it the sound of weeping
and the cry of distress.

They shall build houses and inhabit them; they shall plant vineyards and eat their fruit. They shall not build and another inhabit; they shall not plant and another eat; for like the days of a tree shall the days of my people be, and my chosen shall long enjoy the work of their hands.

They shall not labor in vain or bear children for calamity, for they shall be the offspring of the blessed of the Lord, and their descendants with them.

Before they call I will answer; while they are yet speaking I will hear. The wolf and the lamb shall graze together; the lion shall eat straw like the ox, and dust shall be the serpent’s food.

They shall not hurt or destroy in all my holy mountain,” says the Lord.

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

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He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Scripture Reading: 1 Corinthians 15:42-49

So is it with the resurrection of the dead. What is sown is perishable; what is raised is imperishable. It is sown in dishonor; it is raised in glory. It is sown in weakness; it is raised in power. It is sown a natural body; it is raised a spiritual body. If there is a natural body, there is also a spiritual body. Thus it is written, "The first man Adam became a living being"; the last Adam became a life-giving spirit. But it is not the spiritual that is first but the natural, and then the spiritual. The first man was from the earth, a man of dust; the second man is from heaven. As was the man of dust, so also are those who are of the dust, and as is the man of heaven, so also are those who are of heaven. Just as we have borne the image of the man of dust, we shall also bear the image of the man of heaven.

Contemplation

The Beatitudes

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